

# Five Seasons Ski Team

PRESENTS:

# DISCO FEVER





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We would like to take a minute to give thanks to everyone that helps make this show possible. To all of our team members who have worked nonstop to get this show ready for you today. To all our parents and team volunteers who are always there to lend a hand or advice. To all our sponsors, advertisers, and contributors that make it possible for the Five Seasons Ski Team to exist. To our families for the endless amount of support they have given us while we've worked to make the show what you see today. Most importantly, we would like to thank you, the audience, whose applause, cheers, laughter, and smiles keep us on top of the water instead of in it.

Without the help of everyone listed above, none of this would be possible.

THANK YOU!

## 2026 Show Directors

Peyton Ashland & Brayden King

President

Ryan Furnish

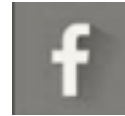
Public Relations

Don Clow

## Show Theme

From the shores of the famous Cedar River in Cedar Rapids Iowa where you'll find Water skiing's most exciting hour! It's Disco Fever, a high-energy one hour show packed with high-flying ski jumps, graceful ballet swivel, towering human pyramids built and barefooting all at the speed of light. Join us this year for a contagious celebration where music glitches, unexplained dance moves, and a whole lot of glitter and sparkle take over the river. It's a groovy, glitter-filled performance you will not want to miss!

# WE ARE SOCIAL!



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Five Seasons Ski Team



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## CONTACT US

### Email

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web@5sst.com – Website related questions or comments

### Mail

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## About the Five Seasons Ski Team

The club was formed in 1978 for the purpose of advancing the sport of waterskiing. Today, this includes individual skiing, show skiing, recreational skiing, and general safety principles. Recreational and beginning skiers have the opportunity to learn all facets of waterskiing from the basics to tournament events and barefoot skiing. The club provides boats, skis and other equipment to our regularly scheduled practices and ski schools. Members and skiers range in ages from five to seventy years old and there are no age limitations. Current club membership is approximately 50-60 people.

The Five Seasons Ski Team performs a show most Thursday nights at Ellis Park in Cedar Rapids, IA Memorial Day thru Labor Day. Special shows are performed for various communities and festivals. The team also competes in regional and national show ski tournaments, earning back-to-back first-place finishes from 2021–2023. We strive to provide quality family entertainment for the Cedar Rapids area. We also provide a wholesome, fun activity for area youth and families.

## Pre-Show

A half hour prior to the start of the shows, you're treated to a short group of acts called "Pre Show!" You might see our newest members showing off fresh skills or seasoned veterans attempting something they've never tried in front of a crowd. Whatever the case, you'll be glad you came a little early, found a good seat and enjoyed our preshow!

\*\*Spectators should not try water ski acts performed during the show/learn-to-ski at home. There are safety coordinators in place on the show site, to ensure proper measures are taken for safety.

## Dryland

A couple months prior to "hitting the water," the Five Seasons Ski Team utilizes an area gymnasium for Dryland practices. These practices help the ski team members build confidence and extreme focus before transitioning to the water. During this time, the team works on building pyramids and pairing up with partners for specialized acts in the water. These practices are key to the success of the team as well as putting safety first!



# 5 S S T

## Tournament History

Year	Midwest Regionals Tournament	National Show Ski Tournament
2025	3rd	13th
2024	2nd	3rd
2023	1st	1st
2022	2nd	2nd

For a full history please reference the team's website: 5sst.com

## Five Seasons Ski Team Members who crossed over professionally

Name	Year	Location	Name	Year	Location
Dan Brejcha	1998-2001	Tommy Bartletts, Wisconsin Dells, WI	Megan Feaker	2005	Sea World, San Antonio, TX
	2002-2008	Cypress Gardens, Winter Haven, FL	Jarred Joens	2016, 2017	Holiday Park, Habloch, Germany
	2005, 2006, 2008	Sea World, Orlando, FL	Sam Menefee	2006-2008	Sea World, San Antonio, TX
	2007-2008	Sea World, San Antonio, TX	Brian Menge	2005	Sea World, San Antonio, TX
	2011-2012	Legoland, Winter Haven, FL	Mark Roskopf	1992	Darien Lake Theme Park, NY
Nick Clark	2000-2002	Jazzland, New Orleans, LA	Nick Walters	2016	Sea World, San Antonio, TX
	2003-2004	Sea World, San Antonio, TX	Nathan Kreitman	2019, 2020	Legoland, Winter Haven, FL
Shana Lockwood Cook	2000	Tommy Bartletts, Wisconsin Dells, WI			
	2003	Amphibian Stunts,			
	2003-2009, 2012	Sea World, San Antonio, TX			
Ryan Dennis	2002	Jazzland, New Orleans, LA			
	2003-2004	Tommy Bartletts, Wisconsin Dells, WI			
	2005	Sea World, San			

## 2026 Show Schedule

Thursday, June 4	Thursday, June 11	Thursday, June 18
Thursday, June 25	Tuesday, June 30	Thursday, July 2
Friday, July 3	Saturday, July 4	Thursday, July 9
Thursday, July 16	Thursday, July 23	Thursday, July 30
<b>End of Season Schedule (Ellis Park)</b>		
-	Thursday, August 6, at 7:00 PM	Thursday, August 13, at 7:00 PM
Thursday, August 20, at 6:45 PM	Thursday, August 27, at 6:45 PM	Thursday, September 3, at 6:30 PM

Monday, September 7, at 5:00 PM



# TOURNAMENTS

July 24-25: Midwest Regional Show Ski Tournament | Waterloo, IA  
 August 7-9: Division 1 National Show Ski Tournament | Waterloo, IA

# What is Show Ski?

Show skiing is a type of water skiing where skiers perform tricks somewhat similar to those of gymnasts while being pulled by the boat. Traditional ski show acts include pyramids, ski doubles, freestyle jumping, and swivel skiing. Show skiing is normally performed at water ski shows, with elaborate costumes, choreography, music, and featuring an announcer.

## Interesting Facts About Show Ski Teams

- Rope: Over 2 miles of rope are used in a show
- A safety boat and multiple tow-boats are used during a show
- Average Pyramid Weight: (Depends on girl body-size)The Five Seasons Ski Team competes regionally against other show teams. Teams who place well at regionals advance to the National tournament, competing against other teams from across the country.
  - 3rd Tier - center position 140-200 lbs.
  - 4th Tier - center positions 200-250 lbs. shoulder in positions 95-110 lbs.
  - 5 Tier - center position 350-400 lbs. guys next to center 290-320 lbs. end positions 115-125 lbs.



Did you know...

- Five Seasons was the first Iowa team to Successfully perform a 4-tier pyramid in a tournament.
- Little Crow Ski Team (New London, MN) was the first in REGION to do a 5-tier pyramid. Five Seasons was the first Iowa team to successfully perform a 5-tier pyramid in a tournament.

## What is a Show Tournament?

In a show tournament, each team gets one hour to perform their show at the hosting team's site. There are 5-7 judges scoring several key factors - flow, difficulty, execution, spectator appeal, boat driving,

National Show Ski Association						
Judge's Form						
Tournament Name _____			Tournament Date(s) _____			
Team _____		Judge _____		No. _____		
List of Acts	Flow 0 - 25	Execution 0 - 25	Difficulty 0 - 25	Spectator Appear 0 - 25	Total	Comments
1.						
2.						
3.						
4.						
5.						
6.						
7.						
8.						
9.						
10.						
11.						
12.						
13.						
14.						
15.						
16.						
17.						
Box Scores				Points	Total	Comments
Sound Crew & Audio Presentation	Music Selection			0 - 50		
	Audio Affects			0 - 75		
	Audience Direction			0 - 125		
Towboat Driving	Starts			0 - 50		
	Patterns & Speeds			0 - 50		
	Landings			0 - 50		
	Skill / Difficulty			0 - 50		
Pick-up Boat Crew	Positioning			0 - 25		
	Rough Water			0 - 25		
	Overall Safety			0 - 25		
Showmanship	Appearance of the Participants			0 - 250		
	Appearance of the Equipment					
	Did all Persons involved act as actors & Acknowledged the audience					
	Was the Show Well Choreographed					
Overall Show	Introductions			0 - 100		
	Dock & Equipment			0 - 25		
	Act Variety			0 - 100		
	Production			0 - 250		
	Costuming / Make-up			0 - 50		

# LEARN TO SKI

SPECTATORS ARE WELCOMED TO PARTICIPATE IN A LEARN-TO-SKI LESSON

Young or old, experienced or inexperienced, if you have never skied before, or you were skiing before you were walking; we want you!

We have taught people how to ski, and people have taught us a thing or two. If you are interested in being a part of a team that likes to have fun, look no further - the Five Seasons Ski Team is the team for you! Maybe you like the thought of being behind the wheel of our boats, or perhaps part of our high tech behind-the-scenes crew which includes rope handlers, costume designers, sound technicians and dock personnel. Or, maybe you see yourself atop a 5-tier pyramid? If any of these exciting and rewarding positions interests you, please speak to any of our members after the show or visit our website at [5sst.com/learn-to-ski](http://5sst.com/learn-to-ski) to register for one-on-one lessons with members of our team.

WHO: Anyone 3 to 103 years old!

WHAT: Learning to ski or improving your skills with Five Seasons Ski Team Members

WHERE: The Five Seasons Ski Team show site - Ellis Park

WHEN: Dates offered in June, July, and August

WHAT TO WEAR: A Swimsuit

WHAT TO BRING: Ski fee (\$30), towel, life jacket (we can lend you one if you don't have one), parent/legal guardian (if under 18), water bottle/sports drink, optional camera (for snappin' memories)



## LEARN TO SKI SIGN-UP

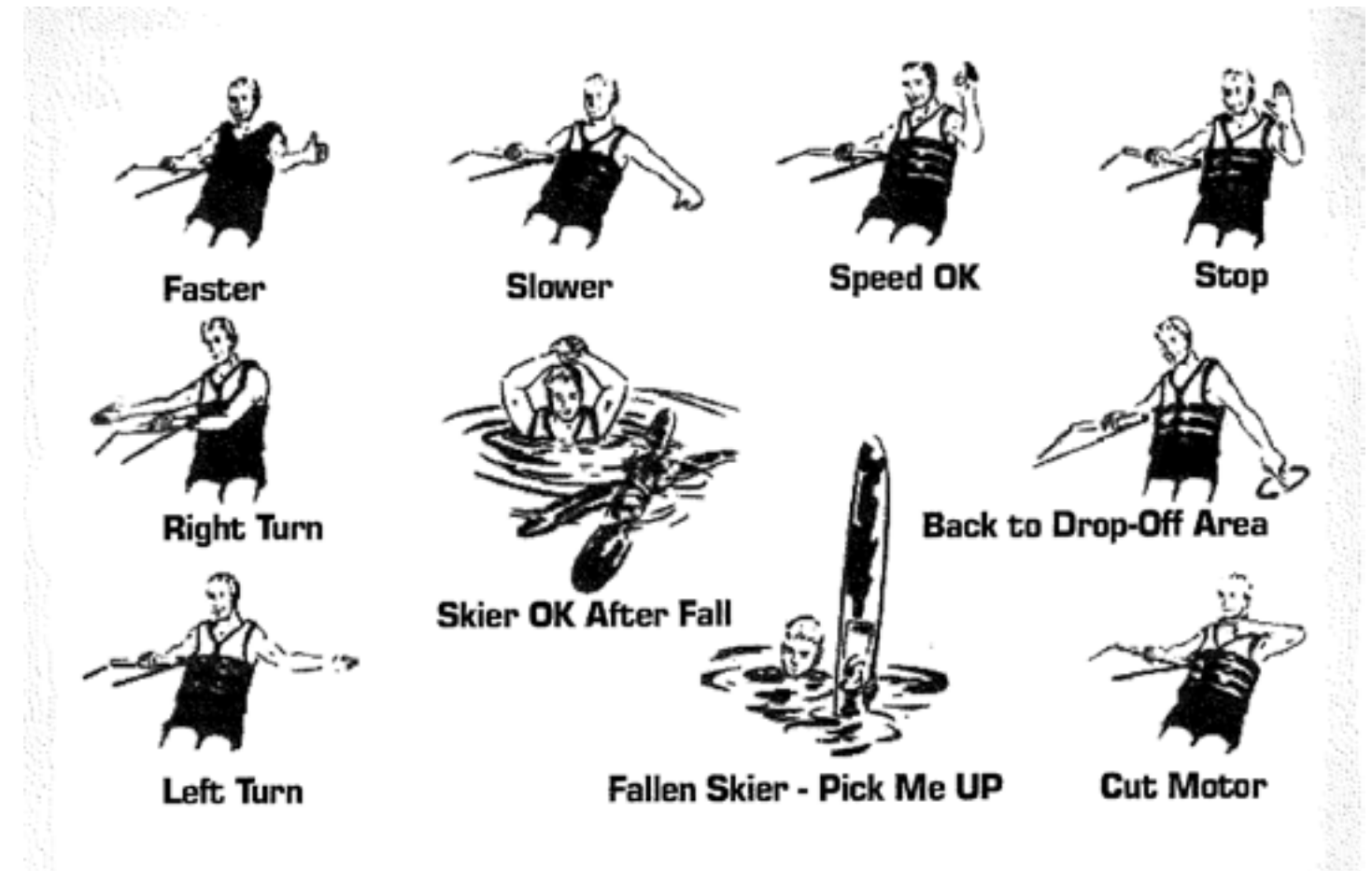
Visit [5sst.com/learn-to-ski](http://5sst.com/learn-to-ski) to set up a date and time!

## SKI TEAM SIGN-UP

If you want to become a ski team member...

Team dues (see website for amount) will be due along with USA Water Ski insurance. USA Waterski ensures there are regulations and guidelines to follow while keeping our members safe. If under 16, a parent must also become a member with the team. \*\*Spectators should not try water ski acts performed during the show/learn-to-ski at home. There are safety coordinators in place on the show site to ensure proper measures are taken. Contact us through our Facebook page to sign up!

# SAFETY HAND SIGNALS



## Water Ski Act Descriptions

In the next section of the program, each act the team performs will feature a photo and a description of the act. Traditional ski show acts include pyramids, strap doubles, freestyle jumping, and swivel skiing. However, there are other acts requiring more precision and skill, i.e., helicopters/flips, 50 mph barefoot pyramids.

Many of our active members are not skiers at all. Equipment personnel, dock director, sound crew, announcer, boat crews, and numerous other positions provide challenging and rewarding opportunities for those who enjoy being involved, without getting wet. You'd be surprised how quickly members find their place, AND their passion.

## Strap Doubles

Strap Doubles is very similar to pairs ice skating except that it is performed on the water. The base is connected to the boat with a strap harness around his or her waist. This leaves the hands free to perform many different lifts with the person on top. This act demands deep trust - between partners and the safety person in the boat. The safety person is responsible for releasing the skiers from the boat in case of a fall.



## Jump

Jump is when skiers ski over a floating ramp. The first performance of water ski jumping was by Dick Pope in Miami Beach, Florida in 1928. Our jumpers wear helmets and padded suits to help protect them in case of a fall. Jumping may include variations such as multiple skiers clearing the ramp while others cross beneath them. The skiers going over the ramp may be performing helicopter spins and flips! Watch the other skiers as they crisscross underneath or split between the skiers going over the jump!



## Pyramids

The pyramid is one of the most popular acts with ski show spectators and probably the most photographed. Pyramids are one of the most difficult acts to put on the water. They require a lot of towing power, strong base skiers, and teamwork. The bases of the pyramid must carry the weight of all the climbers above them. The climbers must climb with quick precise movements to their proper positions. Many nights are spent practicing the climbing on land before it is attempted on the water. Climbing the pyramid is only half the battle! Once it is up and passes the crowd, the climbers must come down in the reverse order which they climbed. This can sometimes be more difficult than actually building the pyramid. In 2011, the Five Seasons Ski Team became one of the few teams in the world to build a 5-tier pyramid, and they haven't stopped since.



## Barefoot Pyramid

The barefoot pyramid looks just like it sounds, bases barefooting with a person standing on their shoulders between them. They start out on skis, the top person climbs into position and then the bases proceed to step out of their skis one at a time.



## Barefoot Bomb-Out

In this form of starting, the skier jumps out of the skis and begins barefooting.



## Backwards Barefoot

Just like front barefoot, except that the skiers barefoot backwards.



## Barefoot Beach-Start

Just as the name implies, barefoot beach-start is sliding off the beach, then barefooting away!



## Barefoot Flyers

The barefooter jumps off the dock or a platform.



## Barefoot

Barefooting is probably one of the most fast paced and exciting acts in show skiing. Just as the name implies this act involves skiers skimming across the water at high speed on their bare feet. Barefoot line is multiple skiers barefooting in a line. They usually start barefooting by stepping out of a single ski.

## Ballet Line

Ballet line is a high energy dance on skis! The skiers perform a choreographed dance to music while skiing. While performing their dance on the water you may see them holding the handle in various different ways. Holding the handle with their legs or using a heel or toe hold leaves the skiers hands free for arm movements. It takes several hours of practice to just learn the choreography for this act. They have also spent additional hours learning how to do a hopdock alone as well as in large groups. Hop dock pulling boat drivers are very critical to this act. Just a little too fast or too slow off the dock and the skiers might get pulled out the front or sink.



## Backwards Around the Boat

Just like frontwards around the boat, only backwards. If the skier is performing the act backwards the boat driver must be alert to where the skier is at all times.



## Around-The-Boat

Multiple skiers ski completely around the boat. The skiers wear helmets and floatation in case of an accident. They start lined up so the skier with the longest rope is to the right. As the skiers progress around the boat the skiers with the shorter ropes pass under the longer ropes. When the skiers finish the act the skier with the shortest rope is to the right. The skiers on the longer ropes must always be alert in case another skier should fall so they can avoid hitting them. The boat driver must also be very alert for the skiers safety.



## Trios

Each set of Trios consists of two skiers on the bottom and one on the top. The bases are connected to the boat with a strap harness around their waist leaving their hands free for lifting the top person in various positions.



## Conventional Doubles

In this two-person performance, the base holds on to a handle and skis while another person contorts into various formations.



## Shoe Skiing

Skis not much bigger than the feet in them mark this unique form of skiing. Requiring higher speeds due to their small size, shoe skis are sometimes used as a starting point for barefooters in training.



## Swivel

Swivel Skiing is one of the most graceful acts in show skiing. It is also probably one of the hardest acts to learn. This act gets its name from the binding that is used on the ski. The binding is mounted on a ball-bearing which allows the binding to rotate 360 degrees. Swivel skiers perform their unique water ballet either with a handheld tow rope or a special toe-hold handle with a safety release in the boat. Willa McGuire Cook originated swivel skiing in the 1950's when she combined the graceful moves of ballet with water skiing by using a swivel binding on a ski. This highly successful concept is now seen in ski shows all over the



## Wakeboarding

Wakeboarding has become one of the most exciting disciplines in show skiing, with jaw-dropping aerial stunts that never fail to amaze.



# Boat Drivers

Our boat drivers spend several hours each year practicing their timing and control. Without precise control of the speed and path of the boat, our skiers could not perform many of the exciting acts you will see while enjoying our show. The rope handler riding in the boat insures the skier's safety during a fall and are an integral part of the boat driving team. Our 2026 driving team includes, Brian Schultz, Don Clow, Elijah Melloy, Ryan Furnish, Phil Reges and Steve Straub.



# Motors for Sale

You can own the power of the Five Seasons Ski Team—All of the motors you see on our boats are for sale! If you are interested in purchasing any of these motors, please contact the board at [board@5sst.com](mailto:board@5sst.com).



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Luca Avery  
Austin Bentow  
Morgan Bentow

Kelly Bentow  
David Bentow  
Annika Bueckers  
Caiden Bueckers  
Jett Bueckers  
Thomas Bueckers  
Kinley Carsner  
Donald Clow  
Olivia Cory  
Kris Cory  
Esther Davis  
Jennifer Davis

Baylor Deutmeyer  
Kiran Deutmeyer  
Kristin Deutmeyer  
Malea Deutmeyer  
Tracy Donaldson  
Ben Dugan  
Ruth Dugan  
Ashleigh Dunham  
Kacen Furnish  
Ryan Furnish  
Trisha Furnish  
Kacen Furnish

Ryan Furnish  
Trisha Furnish  
Amy Hachey  
Elliot Hachey  
Karlee Hamilton  
Justin Harms  
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Ariel Jimenez  
Melody Jimenez  
Addison Johnson  
Henry Johnson  
Nicole Johnson

Wade Johnson  
Reese Kelley  
Brayden King  
David Lammers  
Brecken Lechteberg  
Jason Lechtenberg  
Steve Louvar  
A'Mayah McCoy  
Adrianna McCoy  
Tara McCoy  
Emma McGaffee  
Elijah Melloy

Aubrey Novak  
Ben Patience  
Noah Patience  
Melody Phon  
Kelly Reeve  
Brooklyn Reges  
Phil Reges  
Sam Reges  
Sienna Reges  
Anna Reisen  
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AubriAnn Reynolds

Kourtnei Reynolds  
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Brian Schultz  
Ben Smogard  
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Pinner/Riders — Jen Davis, Phil Reges and Sarah Walker  
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# Show Intermission & Program Ads

\*\*The club is a 501(c)(3) organization. During the show intermission, while Don Clow shares the team's history and outlook, tax-deductible donations are collected and greatly appreciated to raise funds for the team.

This very program is another avenue to support the team. An estimated 800+ copies of the program are distributed to local spectators during the course of the summer shows. If you are interested in having your ad in next year's program, on our trailer, on our jump, on the stands, or on our boats, please contact the team at [ads@5sst.com](mailto:ads@5sst.com). Also see the Contact Us Page towards the end of program for additional contact information.



# Team History

## 2025

- 18 Shows Completed
- Performed 4 shows as part of the Cedar Rapids Freedom Festival
- Competed at the Midwest Regional Tournament and placed 3rd overall in Albert Lea, MN.
- Competed at the National Show Ski Tournament and placed 13th overall in Janesville, WI.

## 2024

- 16 Shows Completed
- Performed 5 shows as part of the Cedar Rapids Freedom Festival
- Competed at the Midwest Regional Tournament and placed 2nd overall in Aberdeen, SD.
- Competed at the National Show Ski Tournament and placed 3rd overall in Shawano, WI.

## 2023

- 20 Shows Completed
- Performed 6 shows as part of the Cedar Rapids Freedom Festival
- Competed at the Midwest Regional Tournament and placed 1st overall in Waterloo, IA.
- Competed at the National Show Ski Tournament and placed 1st overall in Loves Park, IL.

## 2022

- 20 Shows Completed
- Performed 6 shows as part of the Cedar Rapids Freedom Festival
- Competed at the Midwest Regional Tournament and placed 2nd overall in Albert Lea, MN.
- Competed at the National Show Ski Tournament and placed 2nd overall in Rock Island, IL.

## 2021

- 17 Shows Completed
- Performed 6 shows as part of the Cedar Rapids Freedom Festival
- Competed at the Midwest Regional Tournament and placed 1st overall in Aberdeen, SD.
- Competed at the National Show Ski Tournament and placed 8th overall in Shawano, WI.

## 2020

- Limited shows due to COVID-19 pandemic, high water, and the Derecho.


## 2019


- 19 Shows Completed
- Performed 7 shows as part of the Cedar Rapids Freedom Festival
- Competed at the Midwest Regional Tournament and placed 5th overall in Evansdale, IA.
- Competed at the National Show Ski Tournament and placed 13th overall in Warsaw, IN.



THANK YOU,  
**Kirkwood  
Community  
College  
Dance Team**

for Choreographing for the  
5SST 2026 Ballet Line

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***In loving memory of my mom, who was always the biggest supporter of both me and my kids in our water skiing journey. Her love and encouragement will always be with us on and off the water.***

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