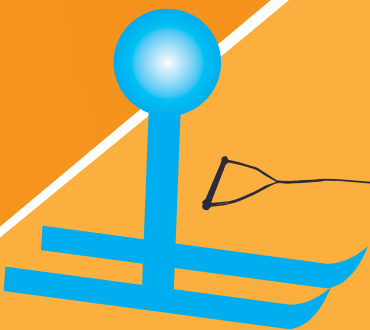


# Five Seasons Ski Team

the  
game  
of

**LIFE**





# MODERN COMPANIES, INC.



- Plumbing & Piping
- Sheet Metal
- Service/HVAC
- Industrial Services
- Compressed Air
- Refrigeration



## MODERN

For over 80 years, Modern has been committed to 'Building for the Next Generation'.

We seek out clients who strive to impact our local communities for generations to come. Our Core Values of Integrity, Service, Leadership, Empowerment and Innovation drive us to provide an exceptional delivery to clients every day.

**PLUMBING & PIPING**

**SHEET METAL/HVAC**

**INDUSTRIAL SERVICES**

**COMPRESSED AIR**

**SERVICE/MAINTENANCE**



500 Walrod Road SW  
Cedar Rapids, IA 52404



Phone  
319-841-1111



Website  
[moderncompaniesinc.com](http://moderncompaniesinc.com)



## **Announcement**

We would like to take a minute to give thanks to everyone that helps make this show possible. To all of our team members who have worked nonstop to get this show ready for you today. To all our parents and team volunteers who are always there to lend a hand or advice. To all our sponsors, advertisers, and contributors that make it possible for the Five Seasons Ski Team to exist. To our families for the endless amount of support they have given us while we've worked to make the show what you see today. Most importantly, we would like to thank you, the audience, whose applause, cheers, laughter, and smiles keep us on top of the water instead of in it. Without all the help of everyone listed above it would be impossible for us to do what we do,  
so THANK YOU!

## **2023 Show Directors**

Madeline Recker, Tom Bueckers, David Lammers

### **President**

Ryan Furnish

### **Public Relations**

Don Clow & Madeline Recker

## **Show Theme**

From the shores of the famous Cedar River in Cedar Rapids Iowa. This is where you'll find Water skiing's most exciting hour! It's The Game of Life, show ski edition. A one hour show packed with high flying ski jumps, graceful ballet swivel skiers, human pyramids built on the water and barefooting all at the speed of life. Join us this year for a cross between The Price is Right and the iconic Game of Life board game on the water where there's a winner every week. It's a show you will not want to miss!

# About the Five Seasons Ski Team

The club was formed in 1978 for the purpose of advancing the sport of waterskiing. This includes individual skiing, show skiing, recreational skiing, and general safety principles. Recreational and beginning skiers have the opportunity to learn all facets of waterskiing from the basics to tournament events and barefoot skiing. The club provides boats, skis and other equipment to our regularly scheduled practices and ski schools. Members and skiers range in ages from five to seventy years old and there are no age limitations. Current club membership is approximately 50-60 people.

The Five Seasons Ski Team performs a show most Thursday nights at Ellis Park in Cedar Rapids, IA Memorial Day thru Labor Day. Special shows are performed for various communities and festivals. The team also competes in regional and national show ski tournaments. We strive to provide quality family entertainment for the Cedar Rapids area. We also provide a wholesome, fun, activity for area youth and families. The Five Seasons Ski Team is proudly sponsored by Mills Marine.

## Pre-Show

A half hour prior to the start of the shows, you're treated to a short group of acts called "Pre Show!" This unique and ever-changing set of acts may include our newest members showing off what they've learned, or seasoned veterans attempting something brand new! Whatever the case, you'll be glad you came a little early, found a good seat and enjoyed our preshow!

\*\*Spectators should not try water ski acts performed during the show/learn-to-ski at home. There are safety coordinators in place on the show site, to ensure proper measures are taken for safety.

## Dryland

A couple months prior to "hitting the water," the Five Season's Ski Team utilizes an area gymnasium for Dryland practices. These practices help the ski team members build confidence and extreme focus before transitioning to the water. During this time, the team works on building pyramids and pairing up with partners for specialized acts in the water. These practices are key to the success of the team as well as putting safety first!



# Team History

## 2022

- 20 Shows Completed
- Performed 6 shows as part of the Cedar Rapids Freedom Festival
- Competed at the Midwest Regional Tournament and placed 2nd overall in Albert Lea, MN
- Competed at the National Show Ski Tournament and placed 2nd overall in Rock Island, IL

## 2021

- 17 Shows Completed
- Performed 6 shows as part of the Cedar Rapids Freedom Festival
- Competed at the Midwest Regional Tournament and placed 1st overall in Aberdeen, SD
- Competed at the National Show Ski Tournament and placed 8th overall in Shawno, WI

## 2020

- Limited shows due to COVID-19 pandemic, high water, and the derecho

## 2019

- 19 Shows Completed
- Performed 7 shows as part of the Cedar Rapids Freedom Festival
- Competed at the Midwest Regional Tournament and placed 5th overall in Evansdale, IA
- Competed at the National Show Ski Tournament and placed 13th overall in Warsaw, IN

## 2018

- 22 Shows Completed
- Performed 7 shows as part of the Cedar Rapids Freedom Festival
- Competed at the Midwest Regional Tournament and placed 5th overall on our own Cedar River
- Competed at the National Show Ski Tournament and placed 14th overall in Janesville, WI

## 2017

- 22 Shows Completed
- Performed 7 shows as part of the Cedar Rapids Freedom Festival
- Competed at the Mercury Invitational Tournament and placed 6th overall in Janesville, WI
- Competed at the Midwest Regional Tournament and placed 2nd overall/ 1st Place Dock and Equipment in Aberdeen, SD
- Competed at the National Show Ski Tournament and placed 13th overall in Rockford, IL



# 5 S S T

## Tournament History

Year	Midwest Regionals Tournament	National Show Ski Tournament
2022	2nd	2nd
2021	1st	8th
2020	Canceled Due to Pandemic	Canceled Due to Pandemic
2019	6th	13th
2018	5th	14th

For a full history please reference the team's website: [5sst.com](http://5sst.com)

## Five Seasons Ski Team Members who crossed over professionally

Name	Year	Location	Name	Year	Location
Dan Brejcha	1998-2001	Tommy Bartletts, Wisconsin Dells, WI	Megan Feaker	2005	Sea World, San Antonio, TX
	2002-2008	Cypress Gardens, Winter Haven, FL	Jarred Joens	2016, 2017	Holiday Park, Habloch, Germany
	2005, 2006, 2008	Sea World, Orlando, FL			
	2007-2008	Sea World, San Antonio, TX	Sam Menefee	2006-2008	Sea World, San Antonio, TX
	2011-2012	Legoland, Winter Haven, FL			
Nick Clark	2000-2002	Jazzland, New Orleans, LA	Brian Menge	2005	Sea World, San Antonio, TX
	2003-2004	Sea World, San Antonio, TX	Mark Roskopf	1992	Darien Lake Theme Park, NY
Shana Lockwood Cook	2000	Tommy Bartletts, Wisconsin Dells, WI			
	2003	Amphibian Stunts, Japan			
	2003-2009, 2012	Sea World, San Antonio, TX	Nathan Kreitman	2019, 2020	Legoland, Winter Haven, FL
Ryan Dennis	2002	Jazzland, New Orleans, LA			
	2003-2004	Tommy Bartletts, Wisconsin Dells, WI			
	2005	Sea World, San Antonio, TX			

# 2023 Show Schedule

## Season Schedule (Ellis Park) - 7:00 PM

June 1, Thursday	June 8, Thursday	June 15, Thursday
June 22, Thursday	June 27, Tuesday	June 29, Thursday
July 3, Monday	July 4, Tuesday	July 6, Thursday
July 13, Thursday	July 20, Thursday	July 27, Thursday

## End of Season Schedule (Ellis Park)

August 3, Thursday - 7:00 PM	August 10, Thursday - 7:00 PM
August 17, Thursday - 6:45 PM	August 24, Thursday - 6:45 PM
August 31, Thursday - 6:30 PM	

## Labor Day Show (Ellis Park) - 5:00 PM

September 4, Monday



## TOURNAMENTS

July 28th-30th: Midwest Regional Show Ski Tournament, Waterloo, Iowa  
 August 4th - 6th: Division 2 National Show Ski Tournament, Loves Park, Illinois



# What is Show Ski?

Show skiing is a type of water skiing where skiers perform tricks somewhat similar to those of gymnasts while being pulled by the boat. Traditional ski show acts include pyramids, ski doubles, freestyle jumping, and swivel skiing. Show skiing is normally performed at water ski shows, with elaborate costumes, choreography, music, and featuring an announcer.

## Interesting Facts About Show Ski Teams

- Rope: Over 2 miles of rope are used in a show
- A safety boat and multiple tow-boats are used during a show
- Average Pyramid Weight:  
(Depends on girl body-size)
  - 3rd Tier - center position 140-200 lbs.
  - 4th Tier - center positions 200-250 lbs.  
shoulder in positions 95-110 lbs.
  - 5 Tier - center position 350-400 lbs.  
guys next to center 290-320 lbs.  
end positions 115-125 lbs.

## Did you know...

- Five Seasons was the first Iowa team to Successfully perform a 4-tier pyramid in a tournament.
- Little Crow Ski Team (New London, MN) was the first in REGION to do a 5-tier pyramid. Five Seasons was the first Iowa team to successfully perform a 5-tier pyramid in a tournament.

## What is a Show Tournament?

The Five Seasons Ski Team competes regionally against other show teams. Teams who place well at regionals advance to the National tournament, competing against other teams from across the country.

In a show tournament, each team gets one hour to perform their show at the hosting team's site. There are 5-7 judges scoring several key factors - flow, difficulty, execution, spectator appeal, boat driving, costumes, music, sound, announcing, and overall show. Scores are configured and awards are announced to the top teams.





# National Show Ski Association

## Judge's Form

Tournament Name \_\_\_\_\_ Tournament Date(s) \_\_\_\_\_

Team \_\_\_\_\_ Judge \_\_\_\_\_ No. \_\_\_\_\_

List of Acts	Flow 0 - 25	Execution 0 - 25	Difficulty 0 - 25	Spectator Appear 0 - 25	Total	Comments
1.						
2.						
3.						
4.						
5.						
6.						
7.						
8.						
9.						
10.						
11.						
12.						
13.						
14.						
15.						
16.						
17.						
<b>Box Scores</b>				<b>Points</b>	<b>Total</b>	<b>Comments</b>
<b>Sound Crew &amp; Audio Presentation</b>	Music Selection			0 - 50		
	Audio Affects			0 - 75		
	Audience Direction			0 - 125		
<b>Towboat Driving</b>	Starts			0 - 50		
	Patterns & Speeds			0 - 50		
	Landings			0 - 50		
	Skill / Difficulty			0 - 50		
<b>Pick-up Boat Crew</b>	Positioning			0 - 25		
	Rough Water			0 - 25		
	Overall Safety			0 - 25		
<b>Showmanship</b>	Appearance of the Participants			0 - 250		
	Appearance of the Equipment					
	Did all Persons involved act as actors & Acknowledged the audience					
	Was the Show Well Choreographed					
<b>Overall Show</b>	Introductions			0 - 100		
	Dock & Equipment			0 - 25		
	Act Variety			0 - 100		
	Production			0 - 250		
	Costuming / Make-up			0 - 50		

# LEARN TO SKI

## SPECTATORS ARE WELCOMED TO PARTICIPATE IN A LEARN-TO-SKI LESSON

Young or old, experienced or inexperienced, if you have never skied before, or you were skiing before you were walking; we want you!

We have taught people how to ski, and people have taught us a thing or two. If you are interested in being a part of a team that likes to have fun, look no further - the Five Seasons Ski Team is the team for you! Maybe you like the thought of being behind the wheel of our boats, or perhaps part of our high tech behind-the-scenes crew which includes rope handlers, costume designers, sound technicians and dock personnel. Or, maybe you see yourself atop a 5-tier pyramid? If any of these exciting and rewarding positions interests you, please speak to any of our members after the show or contact us at one of the addresses below to discuss your future with the Five Seasons Ski Team! If so, contact [board@5sst.com](mailto:board@5sst.com) to learn how you can get one-on-one lessons with members of our team.

WHO: Anyone 3 to 103 years old!

WHAT: Learning to ski or improving your skills with Five Seasons Ski Team Members

WHERE: The Five Seasons Ski Team show site - Ellis Park

WHEN: Sundays at 9:00 AM; June 11th - September 3rd (Not on July 30th & August 6)

WHAT TO WEAR: A Swimsuit

WHAT TO BRING: Ski fee, towel, life jacket (we can lend you one if you don't have one), parent/legal guardian (if under 18), water bottle/sports drink, optional camera (for snappin' memories)



## LEARN TO SKI SIGN-UP

Email [board@5sst.com](mailto:board@5sst.com) to set up a date and time!

## SKI TEAM SIGN-UP

If you want to become a ski team member...

Team dues (see website for amount) will be due along with USA Water Ski insurance. USA Waterski ensures there are regulations and guidelines to follow while keeping our members safe. If under 16, a parent must also become a member with the team. \*\*Spectators should not try water ski acts performed during the show/learn-to-ski at home. There are safety coordinators in place on the show site to ensure proper measures are taken. **Contact us through our Facebook page to sign up!**

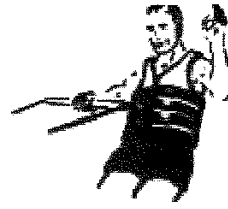
# SAFETY HAND SIGNALS



**Faster**



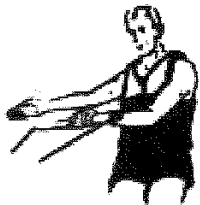
**Slower**



**Speed OK**



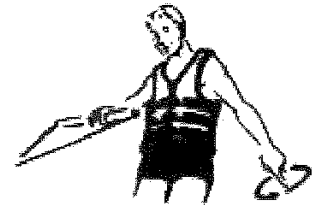
**Stop**



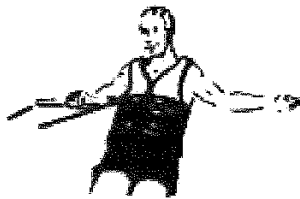
**Right Turn**



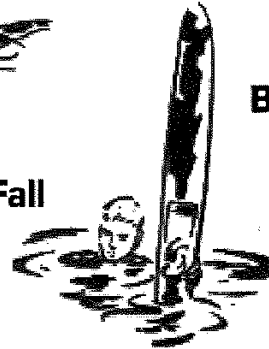
**Skier OK After Fall**



**Back to Drop-Off Area**



**Left Turn**



**Fallen Skier - Pick Me UP**



**Cut Motor**

## Water Ski Act Descriptions

In the next section of the program, each act the team performs will feature a photo and a description of the act. Traditional ski show acts include pyramids, strap doubles, freestyle jumping, and swivel skiing. However, there are other acts requiring more precision and skill, i.e., helicopters/flips, 50 mph barefoot pyramids.

Many of our active members are not skiers at all. Equipment personel, dock director, sound crew, announcer, boat crews, and numerous other positions provide challenging and rewarding opportunities for those who enjoy being involved, without getting wet. It is amazing how fast members learn and enjoy their skills.

# Strap Doubles

Strap Doubles is very similar to pairs ice skating except that it is performed on the water. The base is connected to the boat with a strap harness around his or her waist. This leaves the hands free to perform many different lifts with the person on top. This act requires a great amount of mutual trust between the doubles partners and also with the safety person in the boat. The safety person is responsible for releasing the skiers from the boat in case of a fall.



# Jump

Jump is when skiers ski over a floating ramp. The first performance of water ski jumping was by Dick Pope in Miami Beach, Florida in 1928. Our jumpers wear helmets and padded suits to help protect them in case of a fall. Jumping may include variations such as multiple skiers going over the ramp while other skiers will cross under them. The skiers going over the ramp may be performing helicopter spins and flips! Watch the other skiers as they crisscross underneath or split between the skiers going over the jump!



# Pyramids

The pyramid is one of the most popular acts with ski show spectators and probably the most photographed. Pyramids are one of the most difficult acts to put on the water. They require a lot of towing power, strong base skiers, and teamwork. The bases of the pyramid must carry the weight of all the climbers above them. The climbers must climb with quick precise movements to their proper positions. Many nights are spent practicing the climbing on land before it is attempted on the water. Climbing the pyramid is only half the battle! Once it is up and passes the crowd the climbers must come down in the reverse order that they climbed. This can sometimes be more difficult than actually building the pyramid. In 2011, the five seasons ski team became one of the few teams in the world capable of building a 5-tier pyramid!



# Barefoot Pyramid

The barefoot pyramid looks just like it sounds, bases barefooting with a person standing on their shoulders between them. They start out on skis, the top person climbs into position and then the bases proceed to step out of their skis one at a time.



# Barefoot Bomb-Out

In this form of starting, the skier jumps out of the skis and begins barefooting.



# Barefoot Beach-Start

Just as the name implies, barefoot beach-start is sliding off the beach, then barefooting away!



# Barefoot

Barefooting is probably one of the most fast paced and exciting acts in show skiing. Just as the name implies this act involves skiers skimming across the water at high speed on their bare feet. Barefoot line is multiple skiers barefooting in a line. They usually start barefooting by stepping out of a single ski.

# Backwards Barefoot

Just like front barefoot, except that the skiers barefoot backwards.



# Barefoot Flyers

The barefooter jumps off the dock or a platform.





# Ballet Line

Ballet line is a high energy dance on skis! The skiers perform a choreographed dance to music while skiing. While performing their dance on the water you may see them holding the handle in various different ways. Holding the handle with their legs or using a heel or toe hold leaves the skiers hands free for arm movements. It takes several hours of practice to just learn the choreography for this act. They have also spent additional hours learning how to do a hop-dock alone as well as in large groups. Hop dock pulling boat drivers are very critical to this act. Just a little too fast or too slow off the dock and the skiers might get pulled out the front or sink.



# Backwards Around the Boat

Just like frontwards around the boat, only backwards. If the skier is performing the act backwards the boat driver must be alert to where the skier is at all times.



# Around-The-Boat

Multiple skiers ski completely around the boat. The skiers wear helmets and floatation in case of an accident. They start lined up so the skier with the longest rope is to the right. As the skiers progress around the boat the skiers with the shorter ropes pass under the longer ropes. When the skiers finish the act the skier with the shortest rope is to the right. The skiers on the longer ropes must always be alert in case another skier should fall so they can avoid hitting them. The boat driver must also be very alert for the skiers safety.



# Trios

Each set of Trios consists of two skiers on the bottom and one on the top. The bases are connected to the boat with a strap harness around their waist leaving their hands free for lifting the top person in various positions.



# Conventional Doubles

In this two-person performance, the base holds on to a handle and skis while another person contorts into various formations.



# Shoe Skiing

Skis not much bigger than the feet in them mark this unique form of skiing. Requiring higher speeds due to their small size, shoe skis are sometimes used as a starting point for barefooters in training.



# Swivel

Swivel Skiing is one of the most graceful acts in show skiing. It is also probably one of the hardest acts to learn. This act gets its name from the binding that is used on the ski. The binding is mounted on a ball-bearing which allows the binding to rotate 360 degrees. Swivel skiers perform their unique water ballet either with a handheld tow rope or a special toe-hold handle with a safety release in the boat. Willa McGuire Cook originated swivel skiing in the 1950's when she combined the graceful moves of ballet with water skiing by using a swivel binding on a ski. This highly successful concept is now seen in ski shows all over the world.



# Wakeboarding

In the last decade, wakeboarding has become one of water-skiing's fastest growing disciplines. With the ability to perform jaw-dropping aerial stunts, these skiers never cease to amaze!



# Boat Drivers

Our boat drivers spend several hours each year practicing their timing and control. Without precise control of the speed and path of the boat, our skiers could not perform many of the exciting acts you will see while enjoying our show. The rope handler riding in the boat insures the skier's safety during a fall and are an integral part of the boat driving team. Our 2022 driving team includes Don Clow, Brian Schultz, and Pete Wilson.



# Motors for Sale

You can own the power of the Five Seasons Ski Team—All of the motors you see on our boats are for sale! If you are interested in purchasing any of these motors, please contact **Donald Clow** at [fsskier@msn.com](mailto:fsskier@msn.com) or call **(319) 393-6583**.



# **benz**

## **beverage depot**

**WINE × SPIRITS × DOMESTIC & IMPORTED BEERS × FINE FOODS**

**501 7th Ave SE, Suite B**

**Cedar Rapids, Iowa**

**(319) 365-2556**

**[wine.benzbeveragedepot.com/](http://wine.benzbeveragedepot.com/)**





# 2023 FIVE SEASONS

Amy Bacon

Rob Becker

Brooklyn Beske

Annika Bueckers

Ariana Bueckers

Caiden Bueckers

Jett Bueckers

Thomas Bueckers

Kinley Carsner

Donald Clow

22

Melissa Clow

Nathan Clow

Sage Clow

Esther Davis

Jennifer Davis

Baylor Deutmeyer

Easton Deutmeyer

Kiran Deutmeyer

Kristin Deutmeyer

Malea Deutmeyer

Ben Dugan

Rebecca Dugan

Ruth Dugan

Ashleigh Dunham

Chad Dunham

Kylene Dunham

Dana Flugge

Ellison Flugge

Kacen Furnish

Ryan Furnish

Trisha Furnish

Elliot Hachey

Karlee Hamilton

Cody Hickson

Becca Howes

Jim Howes

Brayden King

David Lammers

Brecken Lechtenberg

Camden Lechtenberg





# SONS SKI TEAM

Jason Lechtenberg

Shraden Lechtenberg

Marissa Lechtenberg

Steve Louvar

Aubrey Novak

Madeline Recker

Anna Reisen

Avery Reisen

Jessica Salzwedel

Annalisa Sanchez

Enrique Sanchez

Brian Schultz

Brittany Scott

Keith Simmonds

Anna Simmonds

Lillian Straub

Nate VanderHorn

Brooklyn Walker

Clara Walker

Sarah Walker

Zack Walker

Izabelle Weets

Michael Williams

Lauren Wilson

Pete Wilson

Kayd Wilson



*Union Electricians powering  
Linn, Benton, Jones, Johnson,  
Iowa and Poweshiek Counties  
since 1911.*

# *Cedar Hills' Best Kept Secret*

175 JACOLYN DR NW

CEDAR RAPIDS

(319) 396-3434

*Proud Sponsor  
of the 2023  
Five Seasons  
Ski Team*



*Best broasted  
chicken and  
pizza in the area.*

## **KITCHEN HOURS**

**MON-THUR 3PM TO 9PM**

**FRI & SAT 11AM TO 10 PM**

**SUN 3PM TO 9PM**

**BUY A LARGE PIZZA FOR THE  
MEDIUM PRICE**



Not valid with any other coupon, offer, or special. Offer expires 9/30/2023.

**We Proudly Support The  
Five Seasons Ski Team**

**PARKS, SCHMIT & FULLER  
ORTHODONTICS**

Clayton T. Parks, D.D.S., M.S. | Jason L. Schmit, D.D.S., M.S.  
Jessica K. Fuller, D.D.S., M.S. | Mark Wittchow, D.M.D., M.S.

*4 Convenient Locations*

- 2727 1st Ave SE - Cedar Rapids
- 901 Tower Terrace Road - Marion
- 5350 Kirkwood Blvd. - Cedar Rapids
- 4150 Edgewood Rd NE - Cedar Rapids

**319-363-3575**

[www.iowaorthodontics.com](http://www.iowaorthodontics.com)



**(319) 533-2571**



Clara and Brooklyn, we are so proud of how far you have come with your skills and can't wait to see what 2022 brings.

Have a great season!

Mom, Dad, Mamma, Papa Chip, Nana and Papa Kurt.



**DENTAL IMPLANT &  
ORAL SURGERY SPECIALISTS  
— OF IOWA**

Drs. Morgan, Morio, and Morio

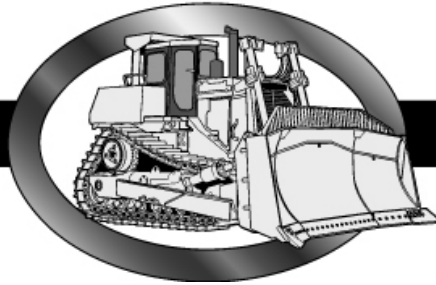
**1275 N Center Point Rd, Hiawatha**

**(319) 743-0077**

# **RATHJE**

## **CONSTRUCTION CO.**

**SINCE**



**1961**

**305 44th St, Marion**  
**(319) 377-3179**

# **Oeh!**

**Plumbing • Heating • Electrical • A/C**

**RESIDENTIAL-COMMERCIAL-NEW CONSTRUCTION**

**WE SERVICE ALL BRANDS**

**SERVING THE AREA SINCE 1949**



**CEDAR RAPIDS**  
**319-363-1033**

**IOWA CITY**  
**CORALVILLE**  
**NORTH LIBERTY**  
**319-339-9490**

**AMANA**  
**319-622-3636**

**OEHLEM@HOTMAIL.COM**



**E & F**

**Paving  
LLC**

**Cedar Rapids, IA**

**Streb**

**Construction  
Company  
Inc.**

**Iowa City, IA**

**NOW HIRING:  
ALL FIELD  
POSITIONS**

**APPLY NOW**

**[www.efpaving.com](http://www.efpaving.com)**

**[www.strebconstruction.com](http://www.strebconstruction.com)**

**“An Equal Opportunity Employer”**

# Home Town Restyling

S I N C E 1 9 8 6



## WATER SKIING GIRL

(noun)

1. like a normal girl but cooler.



*CJ Bacon & Sons*

**Charlie Bacon**  
Executive Partner  
Cell 319-480-0842

*Charlie*

Buyers & Sellers of all Scrap Iron & Metals

Roll-Off box rental for  
scrap pick up  
Commercial Accounts

115 Jackson Street NE  
PO Box 88  
Hopkinton, IA 52237



**Have a great season Amy & Elliot**



# Reliable Auto Body & Cycles, Inc.

Collision • Restoration • Frame Straightening • Touch Up

"If you're not living on the edge, you're not living"



**Don Carsner**  
Owner

**Jesse Carsner**  
Co-Owner/Manager

**319-389-3778**    **319-310-0528**  
515 17th St. • Marion, IA 52302



**LOVE THE WATER?  
FIVE SEASONS SKI TEAM  
NEEDS YOU TO JOIN  
OUR SKI FAMILY  
WE CAN TEACH YOU!**

ALONE we can  
do so LITTLE;  
TOGETHER we can  
do so MUCH  
-HELEN KELLER



**HAVE A GREAT SEASON TEAM!**

Ski ya later, Charlie & Joy Bacon



Here's to another great ski season!  
Have fun with the new ski!  
Love,  
Mom and Dad



**Frey**  
Pet Hospital



2300 16th Ave SW    welovepets@freypethospital.com    319-364-7149  
Cedar Rapids, IA 52404    www.freypethospital.com    fax 319-364-4736



# SELTEC



[WWW.SeltecSales.com](http://WWW.SeltecSales.com)

Iowa Manufacturing Sales Reps since 1970

*Make Waves For Our Door!*



**Culvers**  
garden center & greenhouse


HWY 151 East Marion • [culversgarden.com](http://culversgarden.com)



T O D A Y ' S H I T M U S I C




**Rinderknecht**

Amsler Tax  
& Bookkeeping 

---

Judith Amsler  
[info@amslertax.com](mailto:info@amslertax.com) [www.amslertax.com](http://www.amslertax.com)  
 319.366.6108 1101 Center Point Rd NE  
 (f)319.366.6432 Cedar Rapids, IA 52402



**LINDALE DENTAL**  
*Care*

Accepting New Patients  
Find us on Facebook

3730 1st Ave NE, Cedar Rapids, Iowa 52402  
 Phone: (319) 362-2313 | Email: [info@lindaledentalcare.com](mailto:info@lindaledentalcare.com)  
 Website: [lindaledentalcare.com](http://lindaledentalcare.com)

it's 5 o'clock  
somewhere



WOW!



#1 FAN

**CANCUN**

MEXICAN GRILL & BAR



**INNOVATIVE SIGNS**  
319-573-6900



*Here's to a great 2023 Season!*

# **LOVEWELL** **FENCE & DECK**

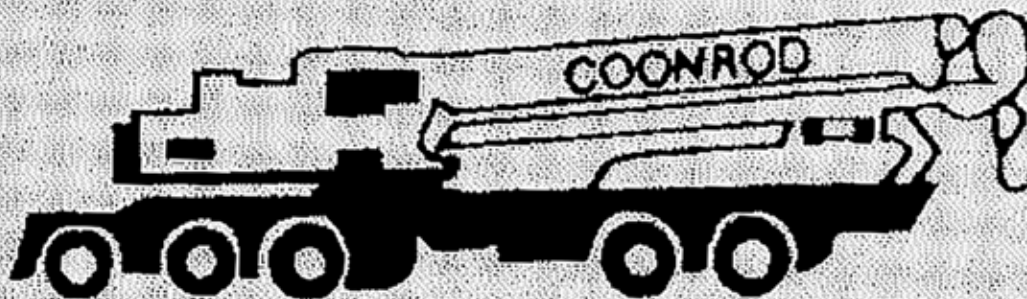
Low Maintenance Products | Free Estimates | Celebrating 45 Years

- \* Fencing
- \* Pergolas
- \* Railings
- \* Decks
- \* Front Porch  
Rehabs

319-351-9996

LovewellFence.com

## **COONROD** **WRECKER & CRANE SERVICE**



**(319) 396-7600 • FAX (319) 396-9206**  
**coonrodcrane@aol.com**

**4000 E. AVE. N.W. CEDAR RAPIDS, IOWA**

# SIMPLE SAVINGS.



## Bundle, and Save a Bundle.

Bundling your insurance into a single package policy saves time and money. Add life insurance for your family and you could save even more. Contact me to schedule a SuperCheck® and discover how



**I make insurance simple.**



## Jason Klein

5021 Duffy Dr NE, Ste B  
Cedar Rapids  
(319) 730-1925  
jasonklein.fbfs.com



Auto | Home | Life | Annuities | Business | Farm & Ranch

Farm Bureau Property & Casualty Insurance Company,\* Western Agricultural Insurance Company,\* Farm Bureau Life Insurance Company\*/West Des Moines, IA. \*Company providers of Farm Bureau Financial Services PC071 (9-16)



## Intertrade Steel Corporation

When quality counts, count on Intertrade... your partner in steel!



## Uptown DENTAL

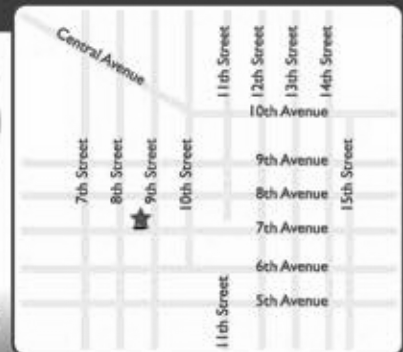
FAMILY • RESTORATIVE • COSMETIC  
E. Joseph Lenz, DDS • Matthew Mueller, DDS

890 7th Avenue  
Marion, IA 52302  
319-377-1300

UptownDentallowa.com



We Look Forward  
to Seeing You!





\$20 OFF YOUR FIRST TREATMENT



Wellness LLC

319-224-0225

1310 TOWER LN NE, CEDAR RAPIDS, IA



**Bobbbers Grill**  
Casual family atmosphere  
that overlooks the  
Coraville Reservoir  
  
Campground  
91 Full Hookup Sites  
Lighted Volleyball Courts  
Horseshoes • Showerhouse



**Bobbbers Grill & Scales Pointe Campground**  
319-665-3474

**SCALES POINTE MARINA**  
SALES & SERVICE



**SALES • SERVICE • STORAGE • GAS**  
**DOCKS • PARTS & ACCESSORIES**

**Scales Pointe Marina Sales & Service**  
319-665-2383

**1850 Scales Bend Road NE • North Liberty, IA 52317**  
[www.scalespointe.com](http://www.scalespointe.com)  
Find us on Facebook - Scales Pointe Marina

**SKOGMAN**  
REALTY

**Looking to sell or  
buy a new home?**

I can help you move  
in the right direction.



**KATHY PLATTEN**  
REALTOR®  
(319) 329.1334  
kathy@skogman.com  
Licensed in Iowa

**Contact me today!**

**TWISTERS**  
gymnastics

**4625 Tower Terrace Rd,  
Cedar Rapids, IA 52411  
(319) 393-5818**



**Carlson College of Massage Therapy**  
Anamosa, Iowa



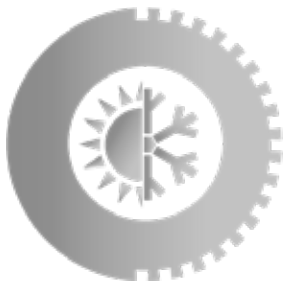


# VAN METER

A 100% EMPLOYEE-OWNED COMPANY

# BRICK ALLEY

PUB & SPORTS BAR



## ALL SEASONS AUTOMOTIVE

NORTH LIBERTY, IA

(319) 665-9779

# Rejuven8

SPA

319-538-0792

Licensed Massage Therapist

• Traditional Chinese Massage • Thai • Deep Tissue • Swedish

Over sixty 5 star reviews on google! ★★★★★

Call or Text to schedule your appointment today!

3219 1st Ave SE Cedar Rapids (Free Parking behind Irish Democrat)



STRATEGIC PRINT SOLUTIONS

**1420 Stamy Rd, Hiawatha**  
**sps-iowa.com**



319-393-1952 Banacom-Signs.com



**Your Local Family Owned Tire and Auto Service  
Professionals Since 1989**

**3270 7th Ave. Marion, Iowa  
(319) 377-4888**

# ADVERTISERS & DONATIONS

**You may notice our updated concrete stage and walkway improvements, a project that would not be possible without our advertisers or your donations. Our future plans include more horsepower on our boats, additional bleacher seating, equipment updates, and other team fulfillment objectives.**

**Please support our advertisers; with their continued support, and yours, we will be able to perform even**

**BIGGER and BETTER shows  
for your entertainment!**

**The Five Seasons Ski Team is proud to be an affiliate of**

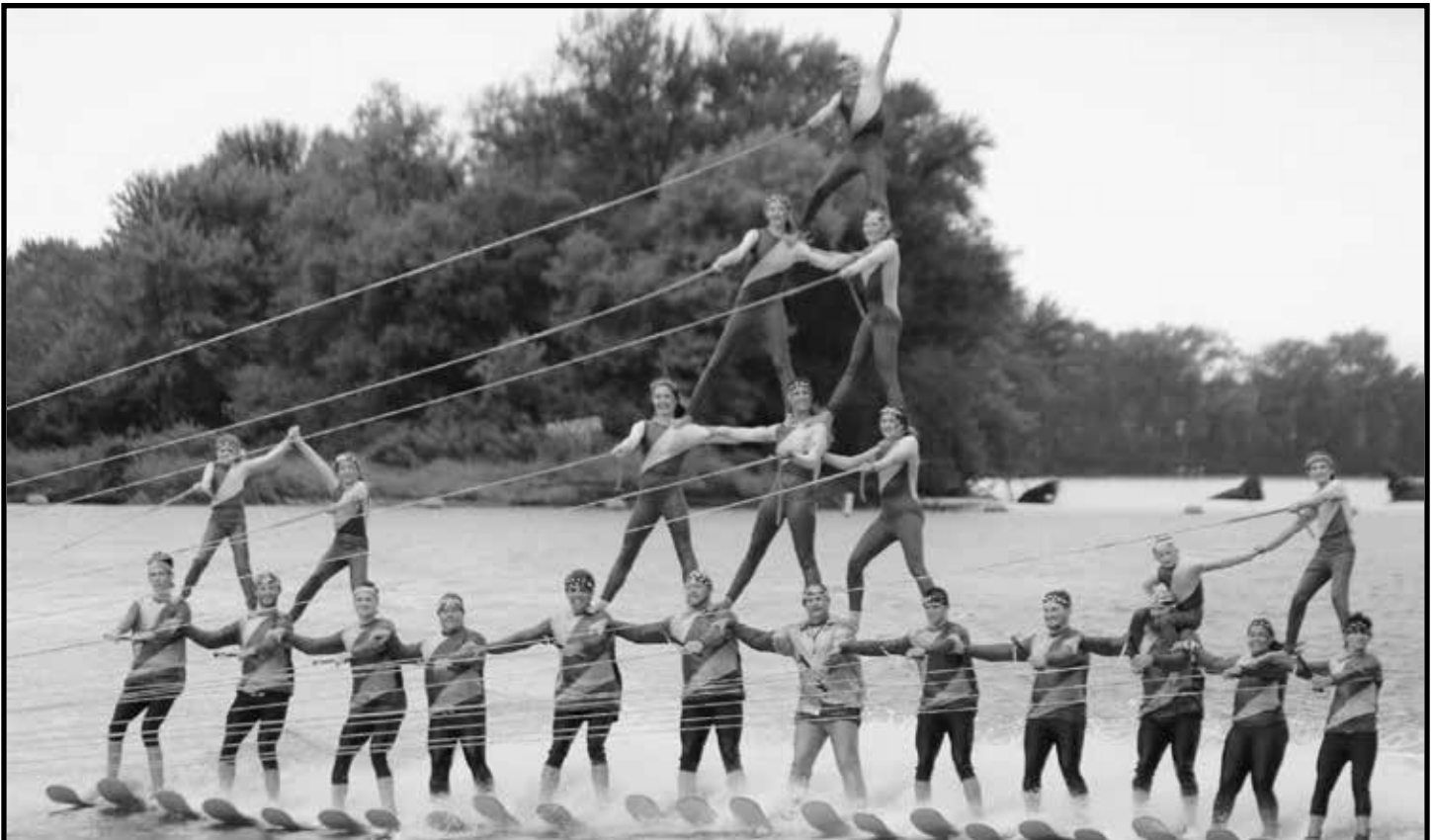


# A Big Thanks To Our Advertisers!

All Seasons Automotive  
Amsler Tax Services  
Be Wellness  
Benz Beverage Depot  
Bobbars & Scales Point Marina  
Brick Alley  
Cancun Mexican Restaurant  
Carlson College of Massage Therapy  
CJ Bacon & Sons  
Clarity Eye Clinic  
Coonrod Wrecker & Crane  
Culver's Lawn and Landscape  
Custom Borders of Iowa  
Dental Implant & Oral Surgery Specialists  
E & F Paving & Streb Construction  
Farm Bureau- Jason Klein Agency  
Frey Pet Hospital  
Home Town Restyling  
IBEW Local 405

Intertrade Steel  
Kathy Platten - Skogman Realty  
King's Material  
Lindale Dental Care  
Lovewell Fence and Deck  
Marion Tire Company  
Miguel's Bar and Grill  
Modern Companies  
Oehl Heating, Cooling & Plumbing  
Parks, Schmit & Fuller Ortho  
Rathje Construction  
Reliable Auto Body  
Rinderknecht  
Seltec  
Twisters Gymnastics  
Van Meter  
Uptown Dental  
Yan's Rejuven8 Spa

**Family Ads:**  
Bacon Family  
Dunham Family  
Walker Family



# A Special Thanks To The Following...

Banacom Signs  
City of Cedar Rapids  
Cedar Rapids Chamber of Commerce  
Cedar Rapids Parks Department  
Cedar Rapids Police Department  
Cedar Rapids Recreation Commission  
Cedar Rapids Riverfront Commission  
Cedar Rapids Visitors & Convention Bureau  
Iowa Department of Natural Resources  
Rathje Construction  
Rinderknecht Associates, Inc.  
Strategic Print Solutions  
USA Waterski

Announcing — Tom Bueckers  
Beach Sand — Jim Howe, Rathje Construction  
Boat Storage — Brian Schultz, Don Clow, Mark Roskopf &  
Rinderknecht Associates, Inc  
Main Dock Backdrop — Madeline Recker, Banacom Signs  
Equipment Storage — Rinderknecht Associates, Inc, E & F Paving Co.  
Fundraising — Trisha Furnish, Tom Bueckers  
Maintenance — Ryan Furnish, David Lammers, Ben Dugan, Tom Bueckers  
Pod Storage — Rinderknecht Associates, Inc  
Program Accounting — Ben Dugan, Madeline Recker  
Program Design/Layout — Madeline Recker  
Prop Building — Keith Simmons, Tim Riesen  
Public Relations — Don Clow, Madeline Recker  
Rope Making — Mark Bortz  
Sound & Production — David Lammers, Tom Bueckers  
T-Shirt Design — Madeline Recker

## Show Intermission & Program Ads

\*\*The club is a 501(c)(3) organization. During the show intermission, while Don Clow shares the team's history and outlook, tax-deductible donations are collected and greatly appreciated to raise funds for the team.

This very program is another avenue to support the team. An estimated 800+ copies of the program are distributed to local spectators during the course of the summer shows. If you are interested in having your ad in next year's program, on our trailer, on our jump, on the stands, or on our boats, please contact the team at [ads@5sst.com](mailto:ads@5sst.com). Also see the Contact Us Page towards the end of program for additional contact information.

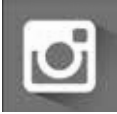


# WE ARE SOCIAL!



## Like us on Facebook

Five Seasons Ski Team



## Follow us on Instagram

<https://instagram.com/fiveseasonsskiteam/>

# CONTACT US

## Email

[info@5sst.com](mailto:info@5sst.com) – Membership or general questions

[ads@5sst.com](mailto:ads@5sst.com) – Advertisement program requests/support

[web@5sst.com](mailto:web@5sst.com) – Website related questions or comments

## Mail

Five Seasons Ski Team

Box 10701

Cedar Rapids, Iowa 52410-0701

# DONATIONS



Scan this code to pay





## Know Your Body • Know the Symptoms

There's **NO** test to detect ovarian cancer.

If you experience any of these symptoms for more than a few weeks, see your doctor.

- Bloating
- Pelvic or abdominal pain
- Difficulty eating or feeling full quickly
- Urinary symptoms (urgency or frequency)

Find support and resources at [mnovarian.org](http://mnovarian.org) or call 612-822-0500.

*The Minnesota Ovarian Cancer Alliance (MOCA) funds ovarian cancer research, provides support to survivors and families throughout the Midwest, educates the public and medical community about the disease and raises awareness.*



Next time you are in the neighborhood stop by for all your eye care needs



122 Tazewell St.  
Pearisburg, VA 24134  
540-921-3921

580 N. Franklin St.  
Christiansburg, VA 24060  
540-381-9086

Chicago

17 hr 22 min

ILLINOIS

INDIANA

OHIO

17 hr 29 min

Cincinnati

WEST VIRGINIA

Good Luck to Five Seasons with your 2023 season!

17 hr 20 min



# COMMUNITY.

It's built with King's.



**KING'S**  
MATERIAL INC.

CONCRETE · MASONRY · LANDSCAPE  
[KINGSMATERIAL.COM](http://KINGSMATERIAL.COM)