



FIVE SEASONS SKI TEAM

2024



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Announcement

We would like to take a minute to give thanks to everyone that helps make this show possible. To all of our team members who have worked nonstop to get this show ready for you today. To all our parents and team volunteers who are always there to lend a hand or advice. To all our sponsors, advertisers, and contributors that make it possible for the Five Seasons Ski Team to exist. To our families for the endless amount of support they have given us while we've worked to make the show what you see today. Most importantly, we would like to thank you, the audience, whose applause, cheers, laughter, and smiles keep us on top of the water instead of in it. Without all the help of everyone listed above it would be impossible for us to do what we do,
so THANK YOU!

2024 Show Directors

Tom Bueckers, David Lammers, Cody Hickson

President

Ryan Furnish

Public Relations

Don Clow & Madeline Recker

Show Theme

Mission briefing: the evil Doctor Skivil is on the loose, and he's plotting to destroy the Cedar River with his giant laser! The clock is ticking! We only have one hour to defeat the malicious mastermind and stop his horrible scheme.

Join us for explosive action, suspense, and fun that stretches from the water to the stage and beyond! The reigning D2 national champions will be assisted by legendary secret agents with a license to thrill. It will take an international effort... a World of

About the Five Seasons Ski Team

The club was formed in 1978 for the purpose of advancing the sport of waterskiing. This includes individual skiing, show skiing, recreational skiing, and general safety principles. Recreational and beginning skiers have the opportunity to learn all facets of waterskiing from the basics to tournament events and barefoot skiing. The club provides boats, skis and other equipment to our regularly scheduled practices and ski schools. Members and skiers range in ages from five to seventy years old and there are no age limitations. Current club membership is approximately 50-60 people.

The Five Seasons Ski Team performs a show most Thursday nights at Ellis Park in Cedar Rapids, IA Memorial Day thru Labor Day. Special shows are performed for various communities and festivals. The team also competes in regional and national show ski tournaments. We strive to provide quality family entertainment for the Cedar Rapids area. We also provide a wholesome, fun, activity for area youth and families. The Five Seasons Ski Team is proudly sponsored by Mills Marine.

Pre-Show

A half hour prior to the start of the shows, you're treated to a short group of acts called "Pre Show!" This unique and ever-changing set of acts may include our newest members showing off what they've learned, or seasoned veterans attempting something brand new! Whatever the case, you'll be glad you came a little early, found a good seat and enjoyed our preshow!

**Spectators should not try water ski acts performed during the show/learn-to-ski at home. There are saftety coordinators in place on the show site, to ensure proper measures are taken for safety.

Dryland

A couple months prior to "hitting the water," the Five Season's Ski Team utilizes an area gymnasium for Dryland practices. These practices help the ski team members build confidence and extreme focus before transitioning to the water. During this time, the team works on building pyrimids and pairing up with partners for specialized acts in the water. These practices are key to the success of the team as well as putting safety first!



Team History

2023

- 20 Shows Completed
- Performed 6 shows as part of the Cedar Rapids Freedom Festival
- Competed at the Midwest Regional Tournament and placed 1st overall in Waterloo, IA
- Competed at the National Show Ski Tournament and placed 1st overall in Loves Park, IL

2022

- 20 Shows Completed
- Performed 6 shows as part of the Cedar Rapids Freedom Festival
- Competed at the Midwest Regional Tournament and placed 2nd overall in Albert Lea, MN
- Competed at the National Show Ski Tournament and placed 2nd overall in Rock Island, IL

2021

- 17 Shows Completed
- Performed 6 shows as part of the Cedar Rapids Freedom Festival
- Competed at the Midwest Regional Tournament and placed 1st overall in Aberdeen, SD
- Competed at the National Show Ski Tournament and placed 8th overall in Shawno, WI

2020

- Limited shows due to COVID-19 pandemic, hgh water, and the derecho

2019

- 19 Shows Completed
- Performed 7 shows as part of the Cedar Rapids Freedom Festival
- Competed at the Midwest Regional Tournament and placed 5th overall in Evansdale, IA
- Competed at the National Show Ski Tournament and placed 13th overall in Warsaw, IN

2018

- 22 Shows Completed
- Performed 7 shows as part of the Cedar Rapids Freedom Festival
- Competed at the Midwest Regional Tournament and placed 5th overall on our own Cedar River
- Competed at the National Show Ski Tournament and placed 14th overall in Janesville, WI

2017

- 22 Shows Completed
- Performed 7 shows as part of the Cedar Rapids Freedom Festival
- Competed at the Mercury Invitational Tournament and placed 6th overall in Janesville, WI
- Competed at the Midwest Regional Tournament and placed 2nd overall/ 1st Place Dock and Equipment in Aberdeen, SD
- Competed at the National Show Ski Tournament and placed 13th overall in Rockford, IL



5 S S T

Tournament History

Year	Midwest Regionals Tournament	National Show Ski Tournament
2023	1st	1st
2022	2nd	2nd
2021	1st	8th
2020	Canceled Due to Pandemic	Canceled Due to Pandemic
2019	6th	13th

For a full history please reference the team’s website: 5sst.com

Five Seasons Ski Team Members who crossed over professionally

Name	Year	Location	Name	Year	Location
Dan Brejcha	1998-2001	Tommy Bartletts, Wisconsin Dells, WI	Megan Feaker	2005	Sea World, San Antonio, TX
	2002-2008	Cypress Gardens, Winter Haven, FL	Jarred Joens	2016, 2017	Holiday Park, Habloch, Germany
	2005, 2006, 2008	Sea World, Orlando, FL	Sam Menefee	2006-2008	Sea World, San Antonio, TX
	2007-2008	Sea World, San Antonio, TX	Brian Menge	2005	Sea World, San Antonio, TX
	2011-2012	Legoland, Winter Haven, FL	Mark Roskopf	1992	Darien Lake Theme Park, NY
Nick Clark	2000-2002	Jazzland, New Orleans, LA	Nick Walters	2016	Sea World, San Antonio, TX
	2003-2004	Sea World, San Antonio, TX	Nathan Kreitman	2019, 2020	Legoland, Winter Haven, FL
Shana Lockwood Cook	2000	Tommy Bartletts, Wisconsin Dells, WI			
	2003	Amphibian Stunts, Japan			
	2003-2009, 2012	Sea World, San Antonio, TX			
Ryan Dennis	2002	Jazzland, New Orleans, LA			
	2003-2004	Tommy Bartletts, Wisconsin Dells, WI			
	2005	Sea World, San Antonio, TX			

2024 Show Schedule

Season Schedule (Ellis Park) - 7:00 PM

June 6, Thursday	June 13, Thursday	June 20, Thursday
June 27, Thursday	July 2, Tuesday	July 3, Wednesday
July 4, Thursday	July 11, Thursday	July 18, Thursday
July 23, Tuesday	July 30, Tuesday	

End of Season Schedule (Ellis Park)

August 8, Thursday - 7:00 PM	August 15, Thursday - 7:00 PM
August 22, Thursday - 6:45 PM	August 29, Thursday - 6:45 PM

Labor Day Show (Ellis Park) - 5:00 PM

September 2, Monday



TOURNAMENTS

July 26-28: Midwest Regional Show Ski Tournament | Aberdeen, South Dakota
August 2-4: Division 2 National Show Ski Tournament | Shawano, Wisconsin

What is Show Ski?

Show skiing is a type of water skiing where skiers perform tricks somewhat similar to those of gymnasts while being pulled by the boat. Traditional ski show acts include pyramids, ski doubles, freestyle jumping, and swivel skiing. Show skiing is normally performed at water ski shows, with elaborate costumes, choreography, music, and featuring an announcer.

Interesting Facts About Show Ski Teams

- Rope: Over 2 miles of rope are used in a show
- A safety boat and multiple tow-boats are used during a show
- Average Pyramid Weight:
(Depends on girl body-size)
 - 3rd Tier - center position 140-200 lbs.
 - 4th Tier - center positions 200-250 lbs. shoulder in positions 95-110 lbs.
 - 5 Tier - center position 350-400 lbs. guys next to center 290-320 lbs. end positions 115-125 lbs.



Did you know...

- Five Seasons was the first Iowa team to Successfully perform a 4-tier pyramid in a tournament.
- Little Crow Ski Team (New London, MN) was the first in REGION to do a 5-tier pyramid. Five Seasons was the first Iowa team to successfully perform a 5-tier pyramid in a tournament.

What is a Show Tournament?

The Five Seasons Ski Team competes regionally against other show teams. Teams who place well at regionals advance to the National tournament, competing against other teams from across the country.

In a show tournament, each team gets one hour to perform their show at the hosting team’s site. There are 5-7 judges scoring several key factors - flow, difficulty, execution, spectator appeal, boat driving, costumes, music, sound, announcing, and overall show. Scores are configured and awards are announced to the top teams.

National Show Ski Association

Judge's Form

Tournament Name _____ Tournament Date(s) _____

Team _____ Judge _____ No. _____

List of Acts	Flow 0 - 25	Execution 0 - 25	Difficulty 0 - 25	Spectator Appear 0 - 25	Total	Comments		
1.								
2.								
3.								
4.								
5.								
6.								
7.								
8.								
9.								
10.								
11.								
12.								
13.								
14.								
15.								
16.								
17.								
Box Scores				Points	Total	Comments		
Sound Crew & Audio Presentation	Music Selection			0 - 50				
	Audio Affects			0 - 75				
	Audience Direction			0 - 125				
Towboat Driving	Starts			0 - 50				
	Patterns & Speeds			0 - 50				
	Landings			0 - 50				
	Skill / Difficulty			0 - 50				
Pick-up Boat Crew	Positioning			0 - 25				
	Rough Water			0 - 25				
	Overall Safety			0 - 25				
Showmanship	Appearance of the Participants			0 - 250				
	Appearance of the Equipment							
	Did all Persons involved act as actors & Acknowledged the audience							
	Was the Show Well Choreographed							
Overall Show	Introductions			0 - 100				
	Dock & Equipment			0 - 25				
	Act Variety			0 - 100				
	Production			0 - 250				
	Costuming / Make-up			0 - 50				

LEARN TO SKI

SPECTATORS ARE WELCOMED TO PARTICIPATE IN A LEARN-TO-SKI LESSON

Young or old, experienced or inexperienced, if you have never skied before, or you were skiing before you were walking; we want you!

We have taught people how to ski, and people have taught us a thing or two. If you are interested in being a part of a team that likes to have fun, look no further - the Five Seasons Ski Team is the team for you! Maybe you like the thought of being behind the wheel of our boats, or perhaps part of our high tech behind-the-scenes crew which includes rope handlers, costume designers, sound technicians and dock personnel. Or, maybe you see yourself atop a 5-tier pyramid? If any of these exciting and rewarding positions interests you, please speak to any of our members after the show or contact us at one of the addresses below to discuss your future with the Five Seasons Ski Team! If so, contact board@5sst.com to learn how you can get one-on-one lessons with members of our team.

WHO: Anyone 3 to 103 years old!

WHAT: Learning to ski or improving your skills with Five Seasons Ski Team Members

WHERE: The Five Seasons Ski Team show site - Ellis Park

WHEN: Dates offered in June, July, and August

WHAT TO WEAR: A Swimsuit

WHAT TO BRING: Ski fee (\$20), towel, life jacket (we can lend you one if you don't have one), parent/legal guardian (if under 18), water bottle/sports drink, optional camera (for snappin' memories)



LEARN TO SKI SIGN-UP

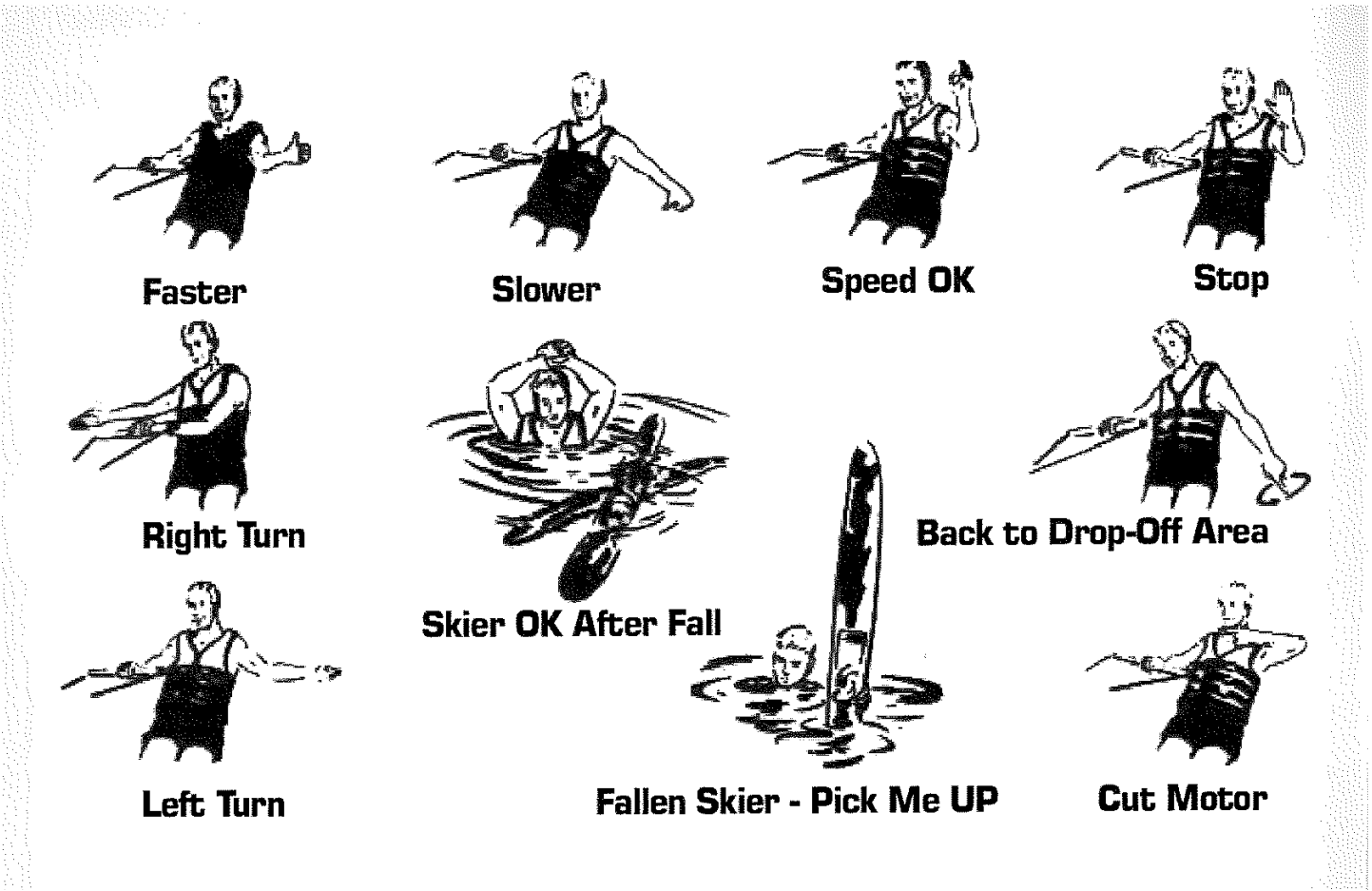
Email board@5sst.com to set up a date and time!

SKI TEAM SIGN-UP

If you want to become a ski team member...

Team dues (see website for amount) will be due along with USA Water Ski insurance. USA Waterski ensures there are regulations and guidelines to follow while keeping our members safe. If under 16, a parent must also become a member with the team. **Spectators should not try water ski acts performed during the show/learn-to-ski at home. There are safety coordinators in place on the show site to ensure proper measures are taken. Contact us through our Facebook page to sign up!

SAFETY HAND SIGNALS



Water Ski Act Descriptions

In the next section of the program, each act the team performs will feature a photo and a description of the act. Traditional ski show acts include pyramids, strap doubles, freestyle jumping, and swivel skiing. However, there are other acts requiring more precision and skill, i.e., helicopters/flips, 50 mph barefoot pyramids.

Many of our active members are not skiers at all. Equipment personel, dock director, sound crew, announcer, boat crews, and numerous other positions provide challenging and rewarding opportunities for those who enjoy being involved, without getting wet. It is amazing how fast members learn and enjoy their skills.

Strap Doubles

Strap Doubles is very similar to pairs ice skating except that it is performed on the water. The base is connected to the boat with a strap harness around his or her waist. This leaves the hands free to perform many different lifts with the person on top. This act requires a great amount of mutual trust between the doubles partners and also with the safety person in the boat. The safety person is responsible for releasing the skiers from the boat in case of a fall.



Jump

Jump is when skiers ski over a floating ramp. The first performance of water ski jumping was by Dick Pope in Miami Beach, Florida in 1928. Our jumpers wear helmets and padded suits to help protect them in case of a fall. Jumping may include variations such as multiple skiers going over the ramp while other skiers will cross under them. The skiers going over the ramp may be performing helicopter spins and flips! Watch the other skiers as they crisscross underneath or split between the skiers going over the jump!



Pyramids

The pyramid is one of the most popular acts with ski show spectators and probably the most photographed. Pyramids are one of the most difficult acts to put on the water. They require a lot of towing power, strong base skiers, and teamwork. The bases of the pyramid must carry the weight of all the climbers above them. The climbers must climb with quick precise movements to their proper positions. Many nights are spent practicing the climbing on land before it is attempted on the water. Climbing the pyramid is only half the battle! Once it is up and passes the crowd the climbers must come down in the reverse order that they climbed. This can sometimes be more difficult than actually building the pyramid. In 2011, the five seasons ski team became one of the few teams in the world capable of building a 5-tier pyramid!



Barefoot Pyramid

The barefoot pyramid looks just like it sounds, bases barefooting with a person standing on their shoulders between them. They start out on skis, the top person climbs into position and then the bases proceed to step out of their skis one at a time.



Barefoot Bomb-Out

In this form of starting, the skier jumps out of the skis and begins barefooting.



Barefoot Beach-Start

Just as the name implies, barefoot beach-start is sliding off the beach, then barefooting away!



Barefoot

Barefooting is probably one of the most fast paced and exciting acts in show skiing. Just as the name implies this act involves skiers skimming across the water at high speed on their bare feet. Barefoot line is multiple skiers barefooting in a line. They usually start barefooting by stepping out of a single ski.

Backwards Barefoot

Just like front barefoot, except that the skiers barefoot backwards.



Barefoot Flyers

The barefooter jumps off the dock or a platform.



Ballet Line

Ballet line is a high energy dance on skis! The skiers perform a choreographed dance to music while skiing. While performing their dance on the water you may see them holding the handle in various different ways. Holding the handle with their legs or using a heel or toe hold leaves the skiers hands free for arm movements. It takes several hours of practice to just learn the choreography for this act. They have also spent additional hours learning how to do a hop-dock alone as well as in large groups. Hop dock pulling boat drivers are very critical to this act. Just a little too fast or too slow off the dock and the skiers might get pulled out the front or sink.



Backwards Around the Boat

Just like frontwards around the boat, only backwards. If the skier is performing the act backwards the boat driver must be alert to where the skier is at all times.



Around-The-Boat

Multiple skiers ski completely around the boat. The skiers wear helmets and floatation in case of an accident. They start lined up so the skier with the longest rope is to the right. As the skiers progress around the boat the skiers with the shorter ropes pass under the longer ropes. When the skiers finish the act the skier with the shortest rope is to the right. The skiers on the longer ropes must always be alert in case another skier should fall so they can avoid hitting them. The boat driver must also be very alert for the skiers safety.



Trios

Each set of Trios consists of two skiers on the bottom and one on the top. The bases are connected to the boat with a strap harness around their waist leaving their hands free for lifting the top person in various positions.



Conventional Doubles

In this two-person performance, the base holds on to a handle and skis while another person contorts into various formations.



Shoe Skiing

Skis not much bigger than the feet in them mark this unique form of skiing. Requiring higher speeds due to their small size, shoe skis are sometimes used as a starting point for barefooters in training.



Swivel

Swivel Skiing is one of the most graceful acts in show skiing. It is also probably one of the hardest acts to learn. This act gets its name from the binding that is used on the ski. The binding is mounted on a ball-bearing which allows the binding to rotate 360 degrees. Swivel skiers perform their unique water ballet either with a handheld tow rope or a special toe-hold handle with a safety release in the boat. Willa McGuire Cook originated swivel skiing in the 1950's when she combined the graceful moves of ballet with water skiing by using a swivel binding on a ski. This highly successful concept is now seen in ski shows all over the world.



Wakeboarding

In the last decade, wakeboarding has become one of water-skiing's fastest growing disciplines. With the ability to perform jaw-dropping aerial stunts, these skiers never cease to amaze!



Boat Drivers

Our boat drivers spend several hours each year practicing their timing and control. Without precise control of the speed and path of the boat, our skiers could not perform many of the exciting acts you will see while enjoying our show. The rope handler riding in the boat insures the skier's safety during a fall and are an integral part of the boat driving team. Our 2024 driving team includes Don Clow, Brian Schultz, and Steve Straub.



Motors for Sale

You can own the power of the Five Seasons Ski Team—All of the motors you see on our boats are for sale! If you are interested in purchasing any of these motors, please contact Donald Clow at fsskier@msn.com or call (319) 393-6583.





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Amy Bacon	Jett Bueckers	Esther Davis	Chad Dunham	Justin Harms	Adrianna McCoy	Annalisa Sanchez	Clara Walker
Rob Becker	Thomas Bueckers	Jennifer Davis	Kylene Dunham	Cody Hickson	Abby McGaffee	Enrique Sanchez	Sarah Walker
Austin Bentow	Kinley Carsner	Baylor Deutmeyer	Raelynn Fitzpatrick	Becca Howes	Emma McGaffee	Brian Schultz	Zack Walker
Morgan Bentow	Donald Clow	Kiran Deutmeyer	Dana Flugge	James Howes	Aubrey Novak	Caleb Scott	Izabelle Weets
Kelly Bentow	Melissa Clow	Kristin Deutmeyer	Ellison Flugge	Brayden King	Melody Phon	Brittany Scott	Michael Williams
David Bentow	Nathan Clow	Malea Deutmeyer	Kacen Furnish	David Lammers	Madeline Recker	Keith Simmonds	Lauren Wilson
Brooklyn Beske	Sage Clow	Ben Dugan	Ryan Furnish	Brecken Lechtenberg	Anna Reisen	Kendyl Stanford	Pete Wilson
Brian Beske	Olivia Cory	Rebecca Dugan	Trisha Furnish	Jason Lechtenberg	Avery Reisen	Lillian Straub	
Annika Bueckers	Kris Cory	Ruth Dugan	Elliot Hachey	Steve Louvar	Carl Reynolds	Steve Straub	



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Good Luck on your 2024 ski season Clara and Brooklyn. You both have come so far and we can't wait to see what you are able to accomplish this year.

Love Always,
Mom, Dad, Nana, Papa Kurt, Mamma and Papa Chip



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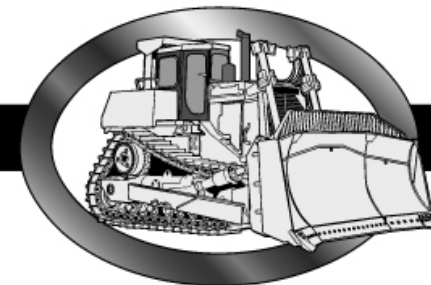


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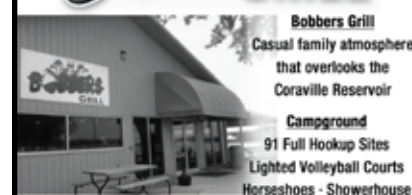
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Here's to another ski season full of
smiles, pyramids, and trophies!!
We love you, Ashleigh!
Good luck, Five Seasons!!



Have a great
waterski
season
Breck
& Jason

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of you!

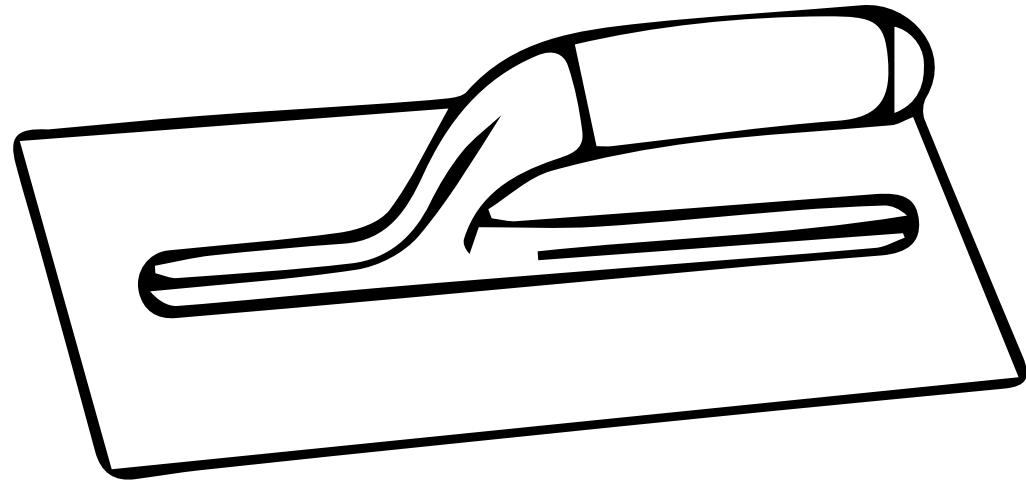
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Suburban Lumber

Twisters Gymnastics

Van Meter

Uptown Dental

Yan's Rejuven8 Spa
- Family Ads:

Bacon Family

Dunham Family

Walker Family



A Special Thanks To The Following...

- Banacom Signs

City of Cedar Rapids

Cedar Rapids Chamber of Commerce

Cedar Rapids Parks Department

Cedar Rapids Police Department

Cedar Rapids Recreation Commission

Cedar Rapids Riverfront Commission

Cedar Rapids Visitors & Convention Bureau

Iowa Department of Natural Resources

Rathje Construction

Rinderknecht Associates, Inc.

Suburban Lumber

USA Waterski
- Announcing — Tom Bueckers

Beach Sand — Jim Howe, Rathje Construction, Double S Enterprises

Boat Storage — Brian Schultz, Don Clow, Mark Roskopf & Rinderknecht Associates, Inc

Main Dock Backdrop — Samantha Bral, Banacom Signs

Equipment Storage — Rinderknecht Associates, Inc, E & F Paving Co.

Fundraising — Trisha Furnish, Tom Bueckers, Brittany Scott

Maintenance — Ryan Furnish, David Lammers, Ben Dugan, Tom Bueckers, Jim Howes, Carl Reynolds

Pod Storage — Rinderknecht Associates, Inc

Program Accounting — Ben Dugan, Madeline Recker

Program Design/Layout — Madeline Recker

Prop Building — Keith Simmons, Tim Riesen, Kris Cory, Warren Lammers

Public Relations — Don Clow, Madeline Recker

Rope Making — Mark Bortz

Sound & Production — David Lammers, Tom Bueckers

Show Intermission & Program Ads

******The club is a 501(c)(3) organization. During the show intermission, while Don Clow shares the team's history and outlook, tax-deductible donations are collected and greatly appreciated to raise funds for the team.

This very program is another avenue to support the team. An estimated 800+ copies of the program are distributed to local spectators during the course of the summer shows. If you are interested in having your ad in next year's program, on our trailer, on our jump, on the stands, or on our boats, please contact the team at ads@5sst.com. Also see the Contact Us Page towards the end of program for additional contact information.



WE ARE SOCIAL!



Like us on Facebook
Five Seasons Ski Team



Follow us on Instagram
<https://instagram.com/fiveseasonsskiteam/>

CONTACT US

Email

info@5sst.com – Membership or general questions
ads@5sst.com – Advertisement program requests/support
web@5sst.com – Website related questions or comments

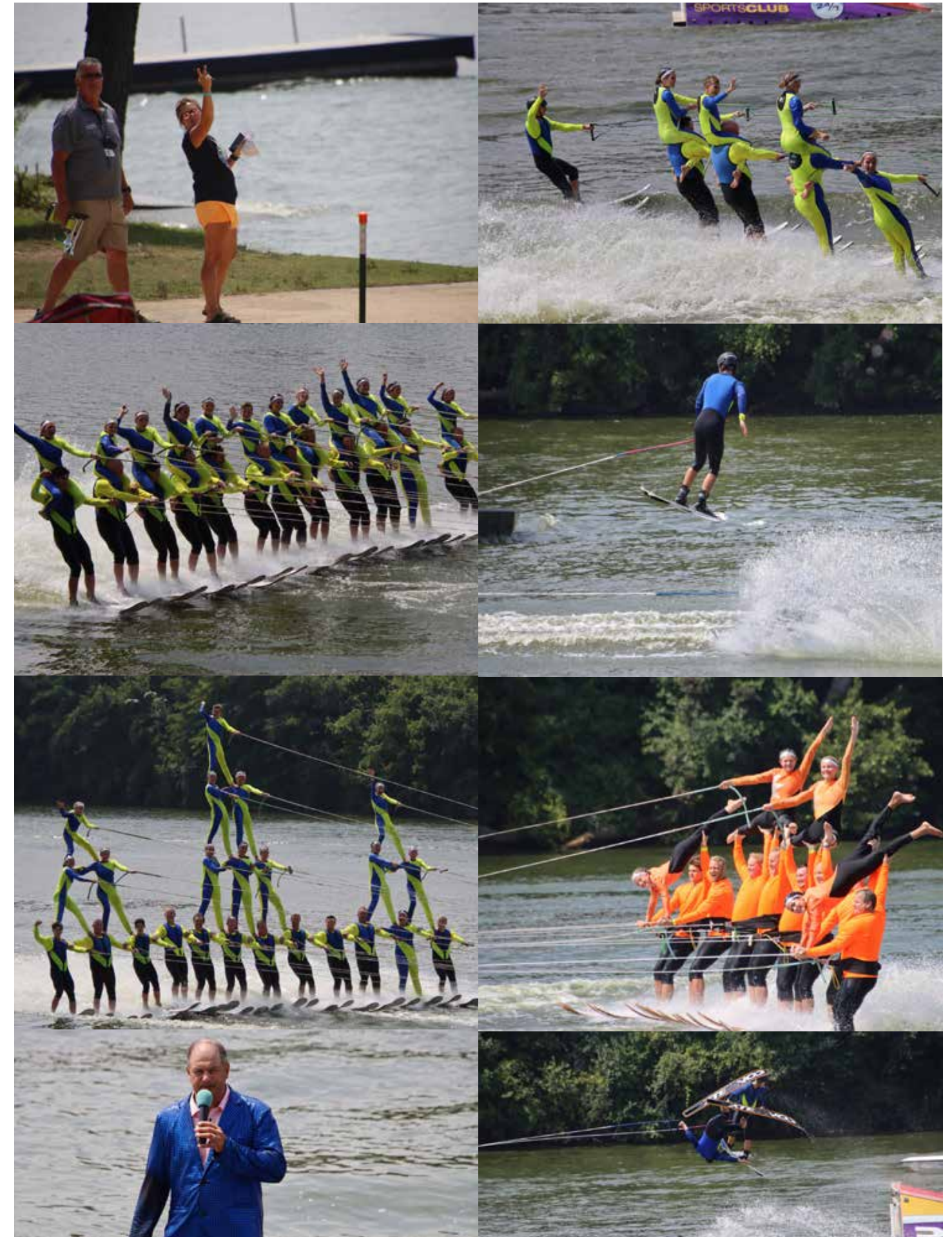
Mail

Five Seasons Ski Team
Box 10701
Cedar Rapids, Iowa 52410-0701

DONATIONS



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Know Your Body • Know the Symptoms

There's **NO** test to detect ovarian cancer.

If you experience any of these symptoms for more than a few weeks, see your doctor.

- Bloating
- Pelvic or abdominal pain
- Difficulty eating or feeling full quickly
- Urinary symptoms (urgency or frequency)

Find support and resources at mnovarian.org or call 612-822-0500.

The Minnesota Ovarian Cancer Alliance (MOCA) funds ovarian cancer research, provides support to survivors and families throughout the Midwest, educates the public and medical community about the disease and raises awareness.



Next time you are in the neighborhood
stop by for all your eye care needs



122 Tazewell St.
Pearisburg, VA 24134
540-921-3921

580 N. Franklin St.
Christiansburg, VA 24060
540-381-9086

Good Luck to Five Seasons
with your 2024 season!